

Public Programs

Bagels and Birds

Saturday, Oct 12, Nov 2, Dec 7, 9:30-10:30am **FREE**

Join us on the first Saturday each month. Enjoy coffee and bagels in a relaxed atmosphere while watching wildlife from the comfort of the Interpretive Center through our Windows on the Wild viewing area.

Tree Identification Walk

Mon, Oct 14, 2-3pm, \$5/person, **FREE** for members

Enjoy a slow walk through the woods of River Bend, taking in all of the fall colors. Learn how to identify trees along the way. You'll learn the skills to identify them even in the winter when the leaves are buried under the snow.

Hike and Hygge

Saturday, Nov 9, 10:00-11:00am **FREE**

Slow your Saturday morning down while enjoying some outdoor activity with old or new friends. Pronounced Hue-ga, hygge is a Danish concept of creating time and space for all things comforting. Join us for an easy group hike around River Bend with a naturalist and then take time for some hygge before you leave – warm drinks, unhurried conversation, or a good book.

Buckthorn Battles

Sat, Nov 9, 1-4pm **FREE**

The primary focus will be working on reducing the amount of buckthorn invading the woods at River Bend. Activities include pulling, cutting, and piling buckthorn. Wear pants, bring gloves, safety glasses, and a water bottle. Ages 8+

Papermaking: Holiday Cards

Sat, Nov 23, Dec 14, 10AM-2PM, \$7/family, \$5/member family

Show your loved ones (and the earth) how much you care by making and decorating new paper from recycled paper.

Fossil Ornaments

Sat, Dec 21, 10AM-2PM, \$7/family, \$5/member family

Use salt dough to create decorative fossil ornaments to display this holiday season.

Girl Scout Programs

We are excited to announce a partnership with the Girl Scouts of the River Valleys, to offer girl scout programs on specific Saturdays. One scout or a whole troop can sign up, but each scout must register individually. Registration is through the Girl Scouts River Valleys. Search for "River Bend Nature Center" in the events calendar.

Don't see the badge you want to complete? Call us to schedule your troop for a badge program of your choice. Find our badge offerings online at rbnc.org/scouts. Boy scouts and other scouts are also welcome!

Hiker—Brownie

October 12, 9:30-11:30AM

Outdoor Art Creator—Brownie

October 12, 1:00-3:00PM

Archery—Junior

October 19, 9:30-11:30AM

Animal Habitats—Junior

November 16, 9:30-11:30AM

Outdoor Art Explorer—Junior

November 16, 1:00PM-3:00PM

Birthday Parties

Whether you're a parent, child, adult who loves nature, or any combination of these, we invite you to celebrate your birthday at River Bend Nature Center.

A River Bend birthday party includes:

- One hour of naturalist-led activity
- One hour of building use for a family-led party

River Bend birthday parties for children include accommodations for up to 15 children with at least one adult. Adult parties can include up to 15 people.

Please contact us for prices if you will have more than 15 party guests.

Visit our website at rbnc.org or give us a call at (507)-332-7151 for more information & register for upcoming programs and events.



Adult Programs

Lunch & Learns

Join us for a meal and nature presentation on the third Wednesday of the month from 12-2PM. \$12/person, \$10/member

October 16—Watershed in Your Front Yard by Kevin Strauss, Cannon River Watershed Partnership

Join us once a month for a catered meal and nature presentation. In October, hear from Kevin Strauss with the Cannon River Watershed Partnership.

November 20—What's in a Spice Cake by Almuth Tschunko

What are the botanical and geographic origins of cinnamon, cloves, nutmeg, allspice, vanilla, sugar, etc.? How are the plant parts harvested and processed? How do some of these ingredients relate to historical events? Come and find out from Almuth Tschunko.

December 18—Engaging While Aging by Lin Bruce

Lin Bruce, bicyclist, octogenarian, took her first transcontinental bike ride in honor of her 60th birthday. Since then she has ridden across the U.S. four times, bicycled from MN to WY for her 50th and 60th High School reunions, among other adventures. Lin's bike stories are metaphor for stretching and reaching farther in one's life; a metaphor for saying "yes" to bigger things. She believes that you're never too old for a new dream.



Time: 9:00am-3:30pm

Cost: \$50/non-members, \$40/members—Pay What You Can Scholarships are available

Optional Before and After Care - for \$10 more you can drop your child off as early as 8AM and pick them up by 4:30PM.

School is Out Adventure Days are day-long camps open to kindergarten through 5th grade students on days when school's not in session, but the craving for adventure and exploration is strong! River Bend's team of naturalists will provide opportunities for outdoor recreation and activities to interact with, discover, and understand nature.

Wed, Oct 16: Kids in the Wild

Wild out at River Bend! Learn about some wild animals that call this place their home and then see if you could survive in the wild.

Thurs, Oct 17: Spinning in Circles

Circles are all around us at River Bend. Catch animals at different stages of their life cycles, experience how energy is circled through the ecosystem, play circle games, and have lots more fun with hula hoops, balls, and wheels.

Fri, Oct 18: A Little Dirt Won't Hurt

Get digging and discover the world that's underground. Collect and investigate insects, worms, millipedes, and the soil that keeps everything alive. Become an archaeologist and dig up fossils that tell the story of the past.

Mon, Nov 4: Animal Antics

Animals can have some crazy behaviors. Learn how scientists observe these behaviors and get some practice of your own.